

DUAL LAT PULL DOWN

JXB - 202 - RBK - BL

The uniquely designed dual handle simulates the position of the conventional lat bar exercise. A diverging movement accurately targets intended muscle groups. Counterbalanced arms for light starting weight. An adjustable torso pad ensures a stabilized body position. The X-Plus Series Dual Lat Pull Down provides weight stack up to 220 lbs.



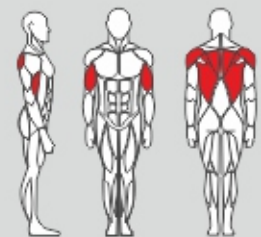
FEATURES

- ◆ **Dual Pulley System:** Independent movement for each side, ensuring balanced strength development.
- ◆ **Adjustable Knee Pads:** Customizable for users of all sizes for a secure fit.
- ◆ **Ergonomic Handles:** Multiple grip options to target different muscle groups.
- ◆ **Durable Construction:** Designed for long-lasting performance and stability.
- ◆ **Compact Design:** Space-Efficient, perfect for smaller gyms or home.

SPECIFICATIONS

DIMENSIONS:

Length: 70 inches / 178 cms
Width: 45 inches / 114 cms
Height: 88 inches / 224 cms
Weight: 596.5 lbs / 270.6 kg
Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Latissimus Dorsi, Rear Deltoids, Biceps

COLOUR AVAILABLE: Dark Silver